



FEBRUARY

28 days of love



2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Write "I ♥ you" on the bathroom mirror.	2 Place a love note in his/her wallet.	3 Bring home his/her favorite treat.
4 Pray for your spouse.	5 Post a special picture of your love & share what he/she means to you.	6 Make his/her lunch and include a love note.	7 Send an "I love you because..." text.	8 Recognize one thing that your spouse does that you are thankful for.	9 Wear something sexy to bed (or nothing at all).	10 Make breakfast in bed for him/her.
11 Have a day of no complaining or nagging.	12 Tell your spouse what you love most about their body.	13 Say "Thank You" to your spouse for something they did today.	14 Remember your 1st Valentine's Day together.	15 Have a game night & let your spouse choose the game.	16 Light candles in the bedroom and initiate sex.	17 Suggest a date night doing something your spouse would LOVE to do.
18 Ask what your spouse has going on this week and pray for those things.	19 Make today "Makeout Monday".	20 Snuggle during his/her favorite show.	21 Do something that makes your spouse SMILE!	22 Have dinner by candlelight (at home).	23 Hold hands on the couch or when you are out in public.	24 Plan an entire date (including sitter if you have kids).
25 Go to bed early so you can cuddle longer.	26 Schedule sex this week.	27 As you leave for work say goodbye with a long kiss.	28 Leave a love note on his/her pillow.			