



SHOWING LOVE FOR FAMILY

Presents come in all shapes and sizes. One of the most meaningful gifts you can give is a compliment or word of encouragement. Some family members are harder to love than others – but there is great value in finding and acknowledging the gifts of each person.

This month take the time to speak life and encouragement to those you love. Don't let the busyness of life make you overlook your family. Give the gift that money cannot buy.



Step 1: Write

Each spouse writes down 3 – 5 names of family members on popsicle sticks or pieces of paper. These can be in your immediate family or each others' extended families.

Step 2: Discuss

Take turns drawing names. Whoever draws "Grandma Sarah" shares one trait about her that they admire or appreciate.

Step 3: Follow Up

Each spouse chooses one person that they shared about to follow up with this month. Maybe you write a card to Cousin Steve or take Dad out to coffee. Be intentional to share with them something that you value or appreciate about them. Bonus points if you take your mother in law out for a meal!

FAMILY MEMBERS

- Parents and parents-in-law
- Kids and grandkids
- Siblings
- Cousins, aunts and uncles
- People you share holidays with
- Members of your local church who would consider you their family